Support your patients, improve your knowledge

This workshop is designed for health professionals involved in cardiovascular disease (CVD) risk assessment.

A mixture of presentations and interactive sessions delivered by expert practising clinicians will ensure that you have the knowledge and skills to undertake comprehensive CVD risk assessments for your patients to motivate them to make behavioural changes and to manage and support high-risk individuals.

Based on the recommendations of the NHS Health Check Implementation Review and Action Plan (2012) this workshop will cover the whole spectrum of cardiovascular disease, including the link with dementia.

You will learn to . . .

- Understand the what, why and how of risk
- Carry out risk assessments with individuals at risk of developing CVD
- Utilise various risk tools and their use
- Prepare change cycles in readiness for supporting patient behaviour changes
- Use current evidence based guidelines
- Identify an individual’s risk factors, feel confident providing appropriate advice and identify those that need further medical intervention

Our workshops

All our workshops are led by trained educators who are also experienced practising clinicians. We use high-quality learning materials and innovative practical exercises to tailor content for each group. We believe that learning should be fun and we always encourage participation.

Find out more . . .

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