Jack Blows His Own Trumpet
By Monica Fletcher OBE and Jane Scullion

Jack loved to see the elephants
He loved their trumpet sound
He wanted to play the trumpet
For the greatest band in town

But Jack got asthma

At night he coughed
In the day he wheezed
As he lay on the settee
He wasn't best pleased

As Jack had asthma

The trumpet came
All shiny and new
But the sound was very weak
However hard he blew
He went to see the doctor
Who told him of the news
And prescribed him an inhaler
But not how he should use

Jack tried out his inhaler
Not knowing what to do
The medicine stayed still
As he hadn’t got a clue

So Jack didn’t use his inhaler
He thought that he knew best
He put up with the wheezing
And tightness in his chest

The trumpet just lay around
As Jack couldn’t get that sound
But he thought about the elephants
And he missed that trumpet sound
He watched his best friend Molly
      Play clarinet in the band
      But Jack was in the audience
      His trumpet in his hand

      Next to him was Molly’s bag
      And looking down, who knew?
      An inhaler poking out showed Jack
      That Molly had asthma too!

Jack finally got the message
      And saw the nurse in town
      ‘Your medicines are fine’ she said
      ‘You just need to get it down’

      Jack took his inhalers
      Just as the nurse had said
      And he took them in the morning
      And just before he went to bed

He knew which one stopped damage
He knew just how to breathe it in
      He knew that his reliever
      Could help him play and win

      So Jack controlled his asthma

The trumpet came out of its box
      He practiced more and more
      And when he played his trumpet
      He could hear those elephants roar
So Jack controlled his asthma  
It wasn't hard to do  
He didn't wheeze, his lungs weren't squeezed  
He breathed in and he blew  

The crowd went quiet  
The lights went dim  
The curtains opened  
The band came in  

And there on the stage  
At the front of the band  
Jack and his trumpet  
Leading the band  

*Jack had asthma but asthma didn't have him!*