*Note: 1 credit point = 10 hours of delegate effort*

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| **1. Course Title**:  *(80 characters max)* | Supporting Mental Health for Adults with Long-Term Conditions | | | |
| **2. Credit Points** | 5  10  15  20  25  30 | | | |
| **3. School**: | HML | | | |
| **4. Aims:**  (*to be used for web entry by Marketing Executive)* | This course aims to equip healthcare professionals with the knowledge and confidence to deliver person-centred care for patients who have mental health conditions alongside physical long-term conditions, working as part of the multi-disciplinary team to plan and deliver holistic care. | | | |
| **5(a). Content:**  (*to be used for web entry by Marketing Executive)* | This course provides an overview of common mental health conditions encountered in primary and community care settings, considering risk factors for their development as a co-morbidity in people with long-term physical health conditions. The course evaluates evidence around pharmacological and non-pharmacological interventions in mental healthcare and the tools available to identify mental health conditions. The course provides additional focus on patients from vulnerable groups and the role of multi-disciplinary team in the planning and delivery of care. The course is grounded in person-centred strategies to equip healthcare professionals to have conversations around mental health as part of their treatment of patients with long-term physical health conditions. | | | |
| **5(b). Additional Content:**  (*refer to guidance notes)* | The course is delivered through self-paced online learning combined with group tutorials held synchronously online. The tutorials are delivered by a tutor who combines clinical expertise with teaching experience, and are designed to support students in understanding course content and relating it to the course assessments and learning outcomes.  Additional academic skills support is provided through optional online workshops delivered for all students completing short courses through Education for Health at Level 6.  Assessment for the course consists of two assignments. The first is a 10- to 15-minute online presentation accompanied by a reference list. This equates to 40% of the course grade and assesses learning outcome 1 of knowledge and understanding and learning outcome 1 of skills and attributes. The second is a 3,000-word written case study. This equates to 60% of the course grade and assesses learning outcomes 2 and 3 of knowledge and understanding and learning outcomes 2 and 3 of skills and attributes. | | | |
| **6. Target Audience:**  *(for publication, please include pre-requisites)* | Registered healthcare professionals in primary and community care. Students will need patient contact and access to patient information in order to complete the assessments for this course. | | | |
| **7. Learning Outcomes**  *(The student will demonstrate the learning outcomes in an academic and/or work-based setting. The SEEC Level Descriptors should be used to help create learning outcomes appropriate to Level 6 in the context of the subject area concerned.)* | **Knowledge & Understanding - related learning outcome(s):**    1 Critically analyse common mental health conditions encountered in primary and community care settings, evaluating the risk factors for their development as a co-morbidity in people with long-term physical health conditions.  2 Evaluate the evidence for first-line pharmacological and non-pharmacological interventions in mental healthcare and consider the implications of treatment on the management of long-term physical health conditions.  3 Demonstrate awareness of high-risk behaviours that can be associated with mental health conditions and a range of referral pathways for these behaviours.      **Skills & Attributes - related learning outcome(s):**    1Critically appraise the use of tools available to identify mental health conditions, including anxiety and depression, in people with long-term physical health conditions.  2Evaluate the impact of person-centred strategies to promote mental health and wellbeing in people with multiple long-term conditions, including those from vulnerable groups.  3. Critically reflect on the role of the multi-disciplinary team in the planning and delivery of care for people managing mental health conditions alongside physical long-term conditions, and the importance of shared decision-making with the patient, their families, and carers. | | | |
| **8. Learning & Teaching methods**: | Learning & Teaching methods will include: | | | |
| Classroom  Distance on line  Distance Package  Enquiry based learning  Group Work based learning  Individual Work based learning  Problem based learning |  | Simulation  Supervised based learning  Tutorial  Audiovisual Internet Protocol  Work-related learning  Workshop |  |

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| **9. Assessment**: | How will the assessment be marked: | | Pass/Fail  Percentage | |
| Submission will include:  Book Review  Case Study  Design/Development of a Product  Work based Project  Learning Log  Objective Structured Clinical Exam **(**OSCE**)**  Performance  Presentation  Project |  | Publication  Portfolio  Report  Test  Video Diary  Video Evidence of Practice  Written Paper  Other |  |

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| **10. Approval** | *I confirm that this short course descriptor has been externally approved, and that the School is able to resource the delivery and assessment of the short course:*  Signature DoS  or nominated HoD:Karen Beeton Date: 11.07.25  *I confirm that this short course descriptor has been completed correctly, that the aims, learning outcomes, academic content, level and credit-rating are appropriate, and that academic process has been followed:*  Signature ADoS(AQA):Stefanie Schmeer (nominee) Date: 29/07/2025  *I confirm that the organisation is able to resource the delivery and assessment of the short course:*  Signature Resource Manager:  **(Collaborative Partners only)**  Designation:       Date: |
| **11.** For use ONLY by Academic Registry | Date Received:       Entered on Quercus:  Date Originator Notified:       Quercus short course code allocated: |

*Upon completion please submit this Short Course Descriptor, along with an associated Short Course Instance Form, to Academic Registry, MacLaurin Building (*[*D.4.Patel@herts.ac.uk*](mailto:D.4.Patel@herts.ac.uk)*)*