



Module:

## Cardiovascular Risk Reduction and Prevention

### Level 7 Module

**Duration:** 6 months

**Recommended study time:** 300 hrs

**Delivery:** self-paced online learning

**Course assessment:** 20 minute pre-recorded presentation, 3,000 word analysis

**Course code:** 7FHH2078

Description:

This module foregrounds risk reduction and preventative care for cardiovascular risk, with an emphasis on critical analysis of the research and evidence base as well as national and local guidelines. The module draws particular connections between cardiovascular complications in diabetes care and other relevant metabolic diseases, and the ways in which these complications can be reduced through a multifactorial approach. Students will explore how to reduce cardiovascular risk and deliver personalised care against a background of target-driven healthcare.

### Module Outcomes

**On completion of this module, students will be able to:**

- 1 Explore and evaluate the evidence around the relationship between diabetes (and other metabolic diseases where appropriate) and cardiovascular disease.
- 2 Critically analyse pharmacological and non-pharmacological interventions in diabetes (and other metabolic diseases where appropriate) and cardiovascular disease that can affect cardiovascular risk.
- 3 Evaluate challenges to addressing cardiovascular risk, and strategies to mitigate these challenges.
- 4 Interpret evidence for cardiovascular risk reduction interventions in diabetes (and other metabolic diseases where appropriate) and apply these to a patient while maintaining a person-centred approach.
- 5 Apply principles of evidence-based practice to the management of a person with atrial fibrillation and a person who has had a stroke/TIA.

Contact Information:

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