**UNIVERSITY OF HERTFORDSHIRE**

**Definitive Module Document**

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| **1. MODULE CODE: 7FHH2078** | **Academic Session: 2025** | **Version: 1** |
| **2. LONG TITLE:** | **Advancing Practice in Cardiovascular Risk Reduction and Preventative Care** | |
| **3. SCHOOL/DEPARTMENT:** | **Allied Health Professions, Midwifery and Social Work** | |
| **4. CREDITS:** | **30** | |
| **5. DATE FIRST OFFERED:** | **19/01/2026** | |
| **6. LEVEL:** | **7** | |
| **7. LOCATION:** | **Education for Health - Wellesbourne, Warwickshire** | |

**8. Module Aim(s):**

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| The aims of this module are to enable students to critically evaluate strategies for cardiovascular risk reduction and preventative care. In particular, the module aims to enable students to explore and analyse the relationship between cardiovascular diseases and other multiple morbidities such as diabetes. The module explores evidence for cardiovascular risk reduction interventions and their application to patient care through a person-centred approach. |

**9. Intended Learning Outcomes:**

**9a. Knowledge and Understanding:**

Successful students will typically:

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| 1. Explore and evaluate the evidence around the relationship between diabetes (and other metabolic diseases where appropriate) and cardiovascular disease. |
| 2. Critically analyse pharmacological and non-pharmacological interventions in diabetes (and other metabolic diseases where appropriate) and cardiovascular disease that can affect cardiovascular risk. |
| 3. Evaluate challenges to addressing cardiovascular risk, and strategies to mitigate these challenges. |
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**9b. Intellectual, Practical and Transferable Skills:**

Successful students will typically:

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| 1. Interpret evidence for cardiovascular risk reduction interventions in diabetes (and other metabolic diseases where appropriate) and apply these to a patient while maintaining a person-centred approach. |
| 1. Critically analyse evidence-based practice for cardiovascular risk reduction interventions in diabetes (and other metabolic diseases where appropriate). |
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**10. Modes of Delivery:**

The following represents the mode and associated learning activities.

**10a. Delivery Mode:**

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| --- | --- |
|  | **Select Y/N** |
| Campus-based, blended (campus-based delivery plus any combination of the below) | **N** |
| Online | **Y** |
| Study Abroad | **N** |
| Placement/Work-Based Learning | **N** |

**10b. Delivery Activities:**

|  |  |
| --- | --- |
| ***Activity*** | ***Hours*** |
| 1. Scheduled campus-based activities in general teaching spaces (e.g. lectures, seminars, tutorials) | 0 |
| 2. Scheduled campus-based activities in specialist teaching spaces (e.g. practical classes, workshops, demonstrations) | 0 |
| 3. Scheduled online activities (online versions of 1 and 2, above) | 20 |
| 4. Scheduled hybrid activities (i.e. offered both on-campus and online, student choice) | 0 |
| 5. Scheduled external learning activities - fieldwork, external visits | 0 |
| 6. Supervised campus-based activities in specialist teaching spaces (e.g. studio activities) | 0 |
| 7. Directed independent study | 160 |
| 8. Self-directed independent study | 120 |
| 9. Placement, work-based learning | 0 |
| 10. Study Abroad | 0 |
| **TOTAL HOURS** | 300 |

**11. Module Content:**

**11a. Module Content:**

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| This module foregrounds risk reduction and preventative care for cardiovascular risk, with an emphasis on critical analysis of the research and evidence base as well as national and local guidelines. The module draws particular connections between cardiovascular complications in diabetes care and other relevant metabolic diseases, and the ways in which these complications can be reduced through a multifactorial approach. Students will explore how to reduce cardiovascular risk and deliver personalised care against a background of target-driven healthcare. |

**11b. Further Details:**

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| This is a self-paced online module. Content is delivered through a combination of reading, videos, asynchronous discussions, and prompts for further research and investigation. Group tutorials provide opportunities for group discussion, peer-to-peer learning, and situation of the module content in a range of professional contexts. |

**12. Assessment:**

**12a. Assessment Type:**

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| --- | --- | --- | --- | --- |
|  | **Select Y or N** | **Weighting** | | **Pass mark out of 100** |
| Coursework 1 (NB. Multiple coursework elements can be structured in Canvas) | Y | 50 | % | 50 |
| Coursework 2 (only where individual coursework elements must be passed, requires Director of AQA approval) | N | 0 | % | 0 |
| Coursework (P/F) | N |  | |  |
| Examination (administered by the Exams Office) | N | 0 | % | 0 |
| Tests (Canvas Quizzes, classroom-based tests, etc.) | N | 0 | % | 0 |
| Examination (P/F) | N |  | |  |
| Practical (laboratory assessments, OSCEs etc.) | Y | 50 | % | 50 |
| Practical (P/F) | N |  | |  |
| Attendance (P/F) | N |  | |  |

**12b. Compulsory Information and Further Details:**

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| The first assessment for this module requires students to submit a 20-minute pre-recorded presentation with the aim of updating colleagues and/or peers on current evidence-based research on the potential intersection of diabetes with cardiovascular risk.  The second assessment is a 3,000-word analysis of a specific intervention for reducing cardiovascular risk in people with diabetes.  Both assessments must be passed in order to pass the module. |

**13. Pre and Co Requisites:**

**13a. Pre-Requisites:**

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| Not applicable |

**13b. Co Requisites:**

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| Not applicable |

**14. Programmes on which this module is offered:**

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| HSEHLTCMSC MSc Long-Term Conditions  HMEHLTCPGC PgCert Long-Term Conditions  HMEHDPPGC PgCert Diabetes Practice  HMEHCPPGC PgCert Cardiovascular Practice |

**15. Previous Module:**

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| 7FHH2078 Advancing Practice in Cardiovascular Risk Reduction and Preventative Care |

**16. Language of Delivery and Assessment:**

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| Language of Delivery - English  Language of Assessments - English |

**17. Further Information: (Keep below 2000 characters)**

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| Students should be working in, or have experience of, working in a healthcare context in an appropriate role/level to be able to fulfil the requirements of the assessment. |

**Approvals:**

**Associate Dean of School (AQA)**

By signing this box, I agree that I have approved the content of this Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: Click or tap to enter a date.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Nominee of SAS Manager**

By signing this box, I acknowledge the administrative content of this approved Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Designation: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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