**UNIVERSITY OF HERTFORDSHIRE**

**Definitive Module Document**

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| **1. MODULE CODE: 7FHH2075** | **Academic Session: 2025** | **Version: 1** |
| **2. LONG TITLE:** | **Frailty as a Long-Term Condition** | |
| **3. SCHOOL/DEPARTMENT:** | **Allied Health Professions, Midwifery and Social Work** | |
| **4. CREDITS:** | **15** | |
| **5. DATE FIRST OFFERED:** | **22/09/2025** | |
| **6. LEVEL:** | **7** | |
| **7. LOCATION:** | **Education for Health - Wellesbourne, Warwickshire** | |

**8. Module Aim(s):**

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| The aims of this module are to enable students to develop as leaders in the delivery of person-centred care for people with frailty, progressing their skills and knowledge in relation to the complexity of living with frailty. The module aims to enable students to critically review key drivers, legislation, policies, and evidence-based practice to improve outcomes in frailty care, and to be able to synthesise this information and apply it to the creation of evidence-based care or management plans for people with frailty. |

**9. Intended Learning Outcomes:**

**9a. Knowledge and Understanding:**

Successful students will typically:

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| 1. Critically evaluate definitions of frailty, methods of identifying frailty, and its effects on quality of life for patients experiencing the complexities of ageing and their carers and families as appropriate. |
| 2. Critically review key drivers, legislation, policies, and evidence-based practice to improve outcomes in frailty care, including the promotion of health and well-being. |
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**9b. Intellectual, Practical and Transferable Skills:**

Successful students will typically:

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| 1. Create an evidence-based and person-centred care or management plan for a person with frailty, including considerations for carers and families where appropriate. |
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**10. Modes of Delivery:**

The following represents the mode and associated learning activities.

**10a. Delivery Mode:**

|  |  |
| --- | --- |
|  | **Select Y/N** |
| Campus-based, blended (campus-based delivery plus any combination of the below) | **N** |
| Online | **Y** |
| Study Abroad | **N** |
| Placement/Work-Based Learning | **N** |

**10b. Delivery Activities:**

|  |  |
| --- | --- |
| ***Activity*** | ***Hours*** |
| 1. Scheduled campus-based activities in general teaching spaces (e.g. lectures, seminars, tutorials) | 0 |
| 2. Scheduled campus-based activities in specialist teaching spaces (e.g. practical classes, workshops, demonstrations) | 0 |
| 3. Scheduled online activities (online versions of 1 and 2, above) | 10 |
| 4. Scheduled hybrid activities (i.e. offered both on-campus and online, student choice) | 0 |
| 5. Scheduled external learning activities - fieldwork, external visits | 0 |
| 6. Supervised campus-based activities in specialist teaching spaces (e.g. studio activities) | 0 |
| 7. Directed independent study | 80 |
| 8. Self-directed independent study | 60 |
| 9. Placement, work-based learning | 0 |
| 10. Study Abroad | 0 |
| **TOTAL HOURS** | 150 |

**11. Module Content:**

**11a. Module Content:**

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| Frailty is a distinct health state associated with reduced function that develops as part of the ageing process, and is therefore viewed as a long-term condition. This module supports students in providing preventative and individualised care for people with frailty, enhancing their knowledge in relation to current treatment, management, and risk avoidance. It explores key legislation and local, national, and international drivers, and their application to the planning and delivery of evidence-based care. The module emphasises the importance of excellent communication skills and collaborative working. |

**11b. Further Details:**

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| This is a self-paced online module. Content is delivered through a combination of reading, videos, asynchronous discussions, and prompts for further research and investigation. Group tutorials provide opportunities for group discussion, peer-to-peer learning, and situation of the module content in a range of professional contexts. |

**12. Assessment:**

**12a. Assessment Type:**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
|  | **Select Y or N** | **Weighting** | | **Pass mark out of 100** |
| Coursework 1 (NB. Multiple coursework elements can be structured in Canvas) | Y | 100 | % | 50 |
| Coursework 2 (only where individual coursework elements must be passed, requires Director of AQA approval) | N | 0 | % | 0 |
| Coursework (P/F) | N |  | |  |
| Examination (administered by the Exams Office) | N | 0 | % | 0 |
| Tests (Canvas Quizzes, classroom-based tests, etc.) | N | 0 | % | 0 |
| Examination (P/F) | N |  | |  |
| Practical (laboratory assessments, OSCEs etc.) | N | 0 | % | 0 |
| Practical (P/F) | N |  | |  |
| Attendance (P/F) | N |  | |  |

**12b. Compulsory Information and Further Details:**

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| The assessment requires students to produce a 3,000-word annotated care plan or management plan for a person with frailty. Students must be able to draw on experience of working with patients with clinical histories relevant to the focus of this module. |

**13. Pre and Co Requisites:**

**13a. Pre-Requisites:**

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| --- |
| Not applicable |

**13b. Co Requisites:**

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| --- |
| Not applicable |

**14. Programmes on which this module is offered:**

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| HSEHLTCMSC MSc Long-Term Conditions  HMEHLTCPGC PgCert Long-Term Conditions |

**15. Previous Module:**

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| 7FHH1196 Frailty as a Long-Term Conditions |

**16. Language of Delivery and Assessment:**

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| Language of Delivery - English  Language of Assessments - English |

**17. Further Information:**

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| Students should be working in, or have experience of, working in a healthcare context in an appropriate role/level to be able to fulfil the requirements of the assessment. |

**Approvals:**

**Associate Dean of School (AQA)**

By signing this box, I agree that I have approved the content of this Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: Click or tap to enter a date.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Nominee of SAS Manager**

By signing this box, I acknowledge the administrative content of this approved Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Designation: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: Click or tap to enter a date.\_\_\_\_\_\_\_\_\_\_\_\_\_\_