**UNIVERSITY OF HERTFORDSHIRE**

**Definitive Module Document**

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| **1. MODULE CODE: 7FHH2073**  | **Academic Session: 2025** | **Version: 1** |
| **2. LONG TITLE:** | **Impact of Mental Health on Long-Term Conditions** |
| **3. SCHOOL/DEPARTMENT:** | **Allied Health Professions, Midwifery and Social Work**  |
| **4. CREDITS:** | **15** |
| **5. DATE FIRST OFFERED:** | **22/09/2025** |
| **6. LEVEL:** | **7** |
| **7. LOCATION:** | **Education for Health - Wellesbourne, Warwickshire** |

**8. Module Aim(s):**

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| The aims of this module are to enable students to critically evaluate and apply current research in the field of the assessment and management of a range of common health conditions, with a particular focus on patients with long-term conditions. The module aims to enable students to critically reflect on the effects of mental health conditions as a co-morbidity and their impact on patients, their carers, and their families. |

**9. Intended Learning Outcomes:**

**9a. Knowledge and Understanding:**

Successful students will typically:

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| 1. Analyse a range of common mental health conditions and methods available to identify them, considering the risk factors for their development as a co-morbidity in people with long-term physical health conditions. |
| 2. Critically review the evidence for pharmacological and non-pharmacological interventions in mental health care, considering the implications of treatment on the management of long-term physical health conditions. |
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**9b. Intellectual, Practical and Transferable Skills:**

Successful students will typically:

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| 1. Develop an evidence-based and person-centred care or management plan for a patient experiencing both mental ill health and a long-term physical health condition, including considerations for carers and families where appropriate.
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**10. Modes of Delivery:**

The following represents the mode and associated learning activities.

**10a. Delivery Mode:**

|  |  |
| --- | --- |
|  | **Select Y/N** |
| Campus-based, blended (campus-based delivery plus any combination of the below) | **N** |
| Online | **Y** |
| Study Abroad | **N** |
| Placement/Work-Based Learning | **N** |

**10b. Delivery Activities:**

|  |  |
| --- | --- |
| ***Activity*** | ***Hours*** |
| 1. Scheduled campus-based activities in general teaching spaces (e.g. lectures, seminars, tutorials) | 0 |
| 2. Scheduled campus-based activities in specialist teaching spaces (e.g. practical classes, workshops, demonstrations) | 0 |
| 3. Scheduled online activities (online versions of 1 and 2, above) | 10 |
| 4. Scheduled hybrid activities (i.e. offered both on-campus and online, student choice) | 0 |
| 5. Scheduled external learning activities - fieldwork, external visits | 0 |
| 6. Supervised campus-based activities in specialist teaching spaces (e.g. studio activities) | 0 |
| 7. Directed independent study | 80 |
| 8. Self-directed independent study | 60 |
| 9. Placement, work-based learning | 0 |
| 10. Study Abroad | 0 |
| **TOTAL HOURS**  | 150 |

**11. Module Content:**

**11a. Module Content:**

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| This module enables students to critically explore ways in which poor mental health can impact a person’s ability to manage their long-term physical health condition. Students will explore tools for the assessment and management of mental health and evidence for pharmacological and non-pharmacological approaches. The module emphasises person-centred approaches and strategies for effective communication and partnership working with patients, families, carers, and the multidisciplinary team. Issues of equity, diversity, inclusion, and safeguarding will be discussed in the contexts of key legislation, health policy, and ethics.  |

**11b. Further Details:**

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| This is a self-paced online module. Content is delivered through a combination of reading, videos, asynchronous discussions, and prompts for further research and investigation. Group tutorials provide opportunities for group discussion, peer-to-peer learning, and situation of the module content in a range of professional contexts. |

**12. Assessment:**

**12a. Assessment Type:**

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| --- | --- | --- | --- |
|  | **Select Y or N** | **Weighting** | **Pass mark out of 100** |
| Coursework 1 (NB. Multiple coursework elements can be structured in Canvas) | Y | 100 | % | 50 |
| Coursework 2 (only where individual coursework elements must be passed, requires Director of AQA approval) | N | 0 | % | 0 |
| Coursework (P/F) | N |  |  |
| Examination (administered by the Exams Office) | N | 0 | % | 0 |
| Tests (Canvas Quizzes, classroom-based tests, etc.) | N | 0 | % | 0 |
| Examination (P/F) | N |  |  |
| Practical (laboratory assessments, OSCEs etc.) | N | 0 | % | 0 |
| Practical (P/F) | N |  |  |
| Attendance (P/F) | N |  |  |

**12b. Compulsory Information and Further Details:**

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| The assessment requires students to present a 3,000-word case study focused on a patient from their own practice or caseload with a long-term physical health condition and co-morbid poor mental health. Students must be able to draw on experience of working with patients with clinical histories relevant to the focus of this module. |

**13. Pre and Co Requisites:**

**13a. Pre-Requisites:**

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| --- |
| Not applicable |

**13b. Co Requisites:**

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| --- |
| Not applicable |

**14. Programmes on which this module is offered:**

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| HSEHLTCMSC MSc Long-Term ConditionsHMEHLTCPGC PgCert Long-Term Conditions |

**15. Previous Module:**

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| 7FHH1187 Impact of Mental Health on Long Term Conditions |

**16. Language of Delivery and Assessment:**

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| Language of Delivery - EnglishLanguage of Assessments - English |

**17. Further Information:**

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| Students should be working in, or have experience of, working in a healthcare context in an appropriate role/level to be able to fulfil the requirements of the assessment. |

**Approvals:**

**Associate Dean of School (AQA)**

By signing this box, I agree that I have approved the content of this Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: Click or tap to enter a date.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Nominee of SAS Manager**

By signing this box, I acknowledge the administrative content of this approved Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Designation: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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