**UNIVERSITY OF HERTFORDSHIRE**

**Definitive Module Document**

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| **1. MODULE CODE: 7FHH2072**  | **Academic Session: 2025** | **Version: 1** |
| **2. LONG TITLE:** | **Optimising Pain Management** |
| **3. SCHOOL/DEPARTMENT:** | **Allied Health Professions, Midwifery and Social Work** |
| **4. CREDITS:** | **15** |
| **5. DATE FIRST OFFERED:** | **22/09/2025** |
| **6. LEVEL:** | **7** |
| **7. LOCATION:** | **Education for Health - Wellesbourne, Warwickshire** |

**8. Module Aim(s):**

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| The aims of this module are to enable students to critically evaluate and apply current evidence-based practice in the field of the assessment and management of chronic pain in the context of people with long-term conditions. The module aims to enable students to articulate their rationale for a course of action for a patient with chronic pain. |

**9. Intended Learning Outcomes:**

**9a. Knowledge and Understanding:**

Successful students will typically:

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| --- |
| 1. Critically analyse evidence-based approaches for assessing and managing chronic pain, with reference to the psychosocial impact on the individual and the resource implications for society. |
| 2. Critically evaluate the evidence for pharmacological and non-pharmacological interventions in chronic pain management. |
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**9b. Intellectual, Practical and Transferable Skills:**

Successful students will typically:

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| 1. Select and critique materials from a range of sources relating to chronic pain assessment and management, using them to construct a course of action for a patient with chronic pain.
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**10. Modes of Delivery:**

The following represents the mode and associated learning activities.

**10a. Delivery Mode:**

|  |  |
| --- | --- |
|  | **Select Y/N** |
| Campus-based, blended (campus-based delivery plus any combination of the below) | **N** |
| Online | **Y** |
| Study Abroad | **N** |
| Placement/Work-Based Learning | **N** |

**10b. Delivery Activities:**

|  |  |
| --- | --- |
| ***Activity*** | ***Hours*** |
| 1. Scheduled campus-based activities in general teaching spaces (e.g. lectures, seminars, tutorials) | 0 |
| 2. Scheduled campus-based activities in specialist teaching spaces (e.g. practical classes, workshops, demonstrations) | 0 |
| 3. Scheduled online activities (online versions of 1 and 2, above) | 10 |
| 4. Scheduled hybrid activities (i.e. offered both on-campus and online, student choice) | 0 |
| 5. Scheduled external learning activities - fieldwork, external visits | 0 |
| 6. Supervised campus-based activities in specialist teaching spaces (e.g. studio activities) | 0 |
| 7. Directed independent study | 80 |
| 8. Self-directed independent study | 60 |
| 9. Placement, work-based learning | 0 |
| 10. Study Abroad | 0 |
| **TOTAL HOURS**  | 150 |

**11. Module Content:**

**11a. Module Content:**

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| This module contributes to the development of knowledge and understanding of the principles of pain management, enabling students to study pain management specifically in people with long-term conditions. It enables students to critically analyse the impact of chronic pain on a person’s quality of life, and the social and economic impacts of chronic pain. The module supports students in critically evaluating the evidence for pharmacological and non-pharmacological interventions, using a range of evidence-based sources to construct courses of action.  |

**11b. Further Details:**

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| This is a self-paced online module. Content is delivered through a combination of reading, videos, asynchronous discussions, and prompts for further research and investigation. Group tutorials provide opportunities for group discussion, peer-to-peer learning, and situation of the module content in a range of professional contexts. |

**12. Assessment:**

**12a. Assessment Type:**

|  |  |  |  |
| --- | --- | --- | --- |
|  | **Select Y or N** | **Weighting** | **Pass mark out of 100** |
| Coursework 1 (NB. Multiple coursework elements can be structured in Canvas) | Y | 100 | % | 50 |
| Coursework 2 (only where individual coursework elements must be passed, requires Director of AQA approval) | N | 0 | % | 0 |
| Coursework (P/F) | N |  |  |
| Examination (administered by the Exams Office) | N | 0 | % | 0 |
| Tests (Canvas Quizzes, classroom-based tests, etc.) | N | 0 | % | 0 |
| Examination (P/F) | N |  |  |
| Practical (laboratory assessments, OSCEs etc.) | N | 0 | % | 0 |
| Practical (P/F) | N |  |  |
| Attendance (P/F) | N |  |  |

**12b. Compulsory Information and Further Details:**

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| The assessment requires students to select a patient with chronic pain from their own practice or caseload and present a 3,000-word account of the pain management issue that presented and the management plan proposed to address it. Students must be able to draw on experience of working with patients with clinical histories relevant to the focus of this module. |

**13. Pre and Co Requisites:**

**13a. Pre-Requisites:**

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| --- |
| Not applicable |

**13b. Co Requisites:**

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| --- |
| Not applicable |

**14. Programmes on which this module is offered:**

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| HSEHLTCMSC MSc Long-Term ConditionsHMEHLTCPGC PgCert Long-Term Conditions |

**15. Previous Module:**

|  |
| --- |
| 7FHH1182 Optimising Pain Management |

**16. Language of Delivery and Assessment:**

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| Language of Delivery - EnglishLanguage of Assessments - English |

**17. Further Information:**

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| Students should be working in, or have experience of, working in a healthcare context in an appropriate role/level to be able to fulfil the requirements of the assessment. |

**Approvals:**

**Associate Dean of School (AQA)**

By signing this box, I agree that I have approved the content of this Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date: Click or tap to enter a date.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Nominee of SAS Manager**

By signing this box, I acknowledge the administrative content of this approved Definitive Module Document.

Name: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Designation: Click or tap here to enter text.\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

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