



## Course

# Enhancing Asthma Care in Professional Practice

## Level 6 Course

**Duration:** 6 months

**Recommended study time:** 300 hrs

**Delivery:** self-paced online learning

**Course assessment:** 10-15 minute pre-recorded presentation (40%) and 3000 word written case study (60%)

## Description:

This multi-professional course focuses on the assessment and management of people with asthma within the context of the wider community. It aims to equip learners with the knowledge and skills to develop as autonomous practitioners in safe, effective, and evidence-based practice in the field of asthma.

In this course, students will analyse the pathophysiology of asthma, its risk factors, and triggers. The course provides comprehensive detail on the structured clinical history, examination, and order of objective tests for diagnosing asthma, including factors for differential diagnosis, aligned with current clinical guidelines. It support students in critically analysing evidence and guidelines for pharmacological and non-pharmacological strategies for asthma management and control. The course is grounded in a person-centred approach to supporting patients with asthma and their families and carers, and students will analyse the broader cultural and socio-economic factors that affect patients' abilities to manage their condition.

## Learning Outcomes

### Knowledge & Understanding:

- 1 Analyse the pathophysiology of asthma, the most common risk factors, and allergic and non-allergic triggers.
- 2 Demonstrate a comprehensive understanding of the structured clinical history and examination and the order of objective tests for diagnosing asthma.

### Skills and attributes:

- 1 Evaluate factors for differential diagnosis and interpret patient history and clinical data to comprehensively and accurately diagnose asthma
- 2 Critically analyse evidence and guidelines for the use of pharmacological and non-pharmacological strategies for asthma management and control
- 3 Justify and reflect on a holistic person-centred approach to supporting patients diagnosed with asthma and their family or carers to manage their condition effectively, considering the impact of wider cultural and socio-economic factors and the role of the multi-disciplinary team.

## Contact Information:

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