



## Finding the Leader Within

A series of three interactive online masterclasses



### Improving leadership skills through knowledge and know-how

#### Delivery:

Three two-hour online sessions delivered over an eight-week period

'[Linda is a] lovely, articulate leader with lots of knowledge and able to gently guide and support' Practice Nurse attending 'Leadership in Practice' workshop

'Simon's programme provided a valuable opportunity to think about me and my leadership style and skills, away from the day-to-day work' Alex Goddard - Senior Manager

#### Find out more and enrol:

Contact our team for more information, and to discuss your individual needs.

Via our website:  
[educationforhealth.org](http://educationforhealth.org)

Call: 01926 836835

Email:  
[contact@educationforhealth.org](mailto:contact@educationforhealth.org)

During the series of three Finding the Leader Within sessions, we will help you find your own level of leadership resilience and build on it, enabling you to bounce back from adversity more easily. You will discover how to manage your internal dialogue to support rather than hinder you, explore being adaptive and authentic, and consider how to lead from within.

Each session is designed to help you to thrive and grow as a leader. Whether you are new to leadership or have been leading for some time, there is something for you.

#### Do you know:

- The type of leader you are or could be?
- How to tap into your leadership skills and abilities?
- How to build your resilience?
- How resilient you already are?
- How can you access the skills of resilience and bounce back?
- How you can get more done and remain productive?
- How to maintain a healthy life balance?
- How to be authentic, communicate with authority and empathy?

If one or more of your answers to the above is no, come and join Dr Linda Edwards and Simon Phillips for three action packed masterclasses to discover the leader you truly are.

#### About the speakers:

Dr Linda Edwards is a versatile leader, organisational change facilitator, clinician, and author on leadership.

Simon Phillips is a best-selling author, an award-winning trainer and the founder of both The Change Maker Group and the Change Maker Community.