This course is aimed at learners who are new to working with COPD patients and would like an overview of the disease, diagnosis, and management. If you are already working with patients with COPD and would like an update, please have a look at our COPD Online Refresher course.

Increase your knowledge and know-how.
This Essentials of COPD programme is designed for individuals and teams who have recently begun to, or are preparing to, support patients with COPD. This may include newly qualified nursing staff, HCAs and HCSWs, social care staff, or experienced healthcare professionals who have been recently redeployed to support COPD patients.

Led by a highly qualified frontline clinician, these highly interactive sessions will enable you to improve your clinical practice by:

- Discussing and reviewing best practice in COPD
- Reviewing current guidelines around diagnosing COPD
- Exploring a range of treatment pathways and how they contribute to a person-centred care approach
- Reflecting on local practice

Course Outcomes:
On completion of this course, you will be able to:
1. Explain what COPD is and the population groups it affects
2. Recognise the symptoms of COPD
3. Explain the impact of COPD on an individual’s quality of life
4. Explain the key diagnostic tools used in COPD
5. Explain a range of pharmacological (medicine-based) and non-pharmacological (lifestyle-based) treatment pathways used in COPD
6. Apply your learning to ‘real life’ case studies