This course is aimed at learners who are new to working with asthma patients and would like an overview of the disease, diagnosis, and management. If you are already working with patients with asthma and would like an update, please have a look at our Asthma Online Refresher course.

Increase your knowledge and know-how.

This Essentials of Asthma programme is designed for practitioners who have recently begun to, or are preparing to, support patients with asthma. This may include newly qualified nursing staff, HCAs and HCSWs, social care staff, or experienced healthcare professionals who have been recently deployed in asthma.

Led by a highly qualified frontline clinician, these interactive sessions will enable you to improve your clinical practice by:

- Discussing and reviewing best practice in asthma
- Reviewing current guidelines around diagnosing asthma
- Exploring pharmacological and non-pharmacological treatment pathways
- Reflecting on local practice through self-directed learning tasks

Course Outcomes:

On completion of this course, you will be able to:

1. Explain what asthma is and the population groups it affects
2. Recognise the symptoms of asthma
3. Explain the impact of asthma on an individual’s quality of life
4. Explain the key diagnostic tools used in asthma
5. Explain a range of pharmacological (medicine-based) and non-pharmacological (lifestyle-based) pathways used in asthma
6. Apply your learning to ‘real life’ case studies