

## Essentials of Asthma

Two webinars delivered six weeks apart with individual activities to complete between sessions

### Course Details

**Delivery:** Facilitated online group sessions. This course includes two 2-hour webinars, delivered six weeks apart. These sessions are highly interactive, based on the specific needs of the group and individuals participating, and combine taught sessions, group discussions, and peer review.

Following the first session, learners are asked to explore how they will apply their learning in practice and evaluate these outcomes in session 2

#### Find out more and enrol:

Contact our team for more information, and to discuss your individual needs.

Via our website:  
[educationforhealth.org](http://educationforhealth.org)

Call: 01926 836835

Email:  
[contact@educationforhealth.org](mailto:contact@educationforhealth.org)



This course is aimed at learners who are new to working with asthma patients and would like an overview of the disease, diagnosis, and management. If you are already working with patients with asthma and would like an update, please have a look at our Asthma Online Refresher course.

### Increase your knowledge and know-how.

This Essentials of Asthma programme is designed for practitioners who have recently begun to, or are preparing to, support patients with asthma. This may include newly qualified nursing staff, HCAs and HCSWs, social care staff, or experienced healthcare professionals who have been recently deployed in asthma.

Led by a highly qualified frontline clinician, these interactive sessions will enable you to improve your clinical practice by:

- Discussing and reviewing best practice in asthma
- Reviewing current guidelines around diagnosing asthma
- Exploring pharmacological and non-pharmacological treatment pathways
- Reflecting on local practice through self-directed learning tasks

### Course Outcomes:

On completion of this course, you will be able to:

1. Explain what asthma is and the population groups it affects
2. Recognise the symptoms of asthma
3. Explain the impact of asthma on an individual's quality of life
4. Explain the key diagnostic tools used in asthma
5. Explain a range of pharmacological (medicine-based) and non-pharmacological (lifestyle-based) pathways used in asthma
6. Apply your learning to 'real life' case studies