



Taking **action**
educating
people and
transforming
lives worldwide

Course information

Duration:

6 months

Notional Study Time:

300 hours

Delivery:

Interactive blended
online learning including
videos and Q&A sessions
to ensure learners get the
opportunity to ask
questions and discuss
with peers.

Course Assessment: 1,500
word assignment (30%) 2,500
word case study (70%)
Coursework: 100%

University of
Hertfordshire **UH**

The Foundations of Managing Asthma

Short course
Level 5/Diploma Level

Course Content

This course is aimed at health care professionals and health care support workers who participate in the delivery and management of care for people with asthma, their families and carers.

Successful students will demonstrate appropriate skills and knowledge in the diagnosis, treatment and management of asthma and using current clinical guidelines will be able to suggest, initiate and vary treatment in response to assessment of individual clinical needs.

Students of the asthma course will be able to tailor their learning to suit their clinical situation. Assessment will incorporate the key issues in asthma management and will enable students to understand asthma in relation to their patient population.

Knowledge and Understanding:

Successful students will typically be able to:

1. Discuss the pathophysiology of asthma, relating this to predisposing factors for asthma, choice of treatment strategies and management.
2. Discuss the tools available to assess the impact of asthma on quality of life.
3. Evaluate current guidelines and evidence relating to the pharmacological and non-pharmacological management of people with asthma, to underpin decision making in a range of clinical situations including management of deteriorating asthma.

Skills and Attributes:

Successful students will typically be able to:

1. Discuss the key issues in history-taking and clinical assessment in relation to diagnosis.
2. Discuss the key issues in the ongoing management of people with asthma and evaluate and modify care appropriately in response to such assessment.
3. Evaluate the range of treatment options available for use in asthma management, including recognition of deteriorating asthma and recommend appropriate therapeutic interventions or referrals.
4. Discuss the psychosocial impact of having asthma on the individual and their family and suggest strategies to support patients and families in self-management of their disease.

Find out more . . .

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