



## Impact of Mental Health on Long Term Conditions – MSc

### Level 7 Module

**Duration:**

3 months

**Notional study time:**

150 hours

**Delivery:**

Distance learning

**Course assessment:**

3,000 word e-portfolio

Coursework: 100%

**Course code:**

7FHH1187

**Accredited by University of  
Hertfordshire with 15 CATS  
points at Academic Level 7**

**Find out more and enrol:**

Contact our team for more information,  
and to discuss your individual needs.

**Via our website:**  
[educationforhealth.org](http://educationforhealth.org)

**Call:** 01926 836835

**Email:**  
[programmes@educationforhealth.org](mailto:programmes@educationforhealth.org)



**Course content:**

This module explores risk factors for common mental health issues in people with long term physical health conditions. Learners will have the opportunity to engage in debate pertaining to theoretical approaches for the use of tools and methods to identify mental health problems. There is an emphasis on the importance of person centred approaches; the module enables the learner to study current research and evidence-based practice around interventions for mental health problems.

Learners will explore communication, interaction and working in partnership with patients, families and carers including signposting and referral to other services. Issues of equality, diversity, inclusion and safeguarding will be discussed in the context of key legislation, health policy and ethics. Through a series of formal presentations, lectures and self-directed study, learners will be able to articulate their rationale for a particular course of action in a range of clinical scenarios and reflect this discussion in their coursework. This course is validated by the University of Hertfordshire.

**Knowledge and understanding:**

Successful learners will typically be able to:

1. Critically analyse a range of common mental health conditions, considering the risk factors for their development as a co-morbidity in people with long term physical health conditions.
2. Critically review the evidence for the pharmacological and non-pharmacological interventions in mental health care and consider the implications of treatment on the management of long term physical health conditions.

**Skills and attributes:**

Successful learners will typically be able to:

1. Utilise skills of advanced reasoning to access, select and critique materials from a range of sources to develop a plan that incorporates effective use of psycho-social interventions to promote mental health and well being.
2. Demonstrate conceptual understanding of person centred models and strategies to promote mental health and well – being in people with long term physical health conditions.
3. Critically reflect on use of tools and methods for identify mental health conditions, including anxiety and depression in people with long term physical health conditions.
4. Demonstrate critical analysis of personal communication skills that promote person centred care for individuals, families and carers.