

Diabetes Level 5 module

This course is no longer offered by Education for Health and this information is retained here for the final students completing this course.

This module is aimed at any health care professional who participates in the assessment, management and delivery of care for people with or at risk of developing diabetes and/or metabolic syndrome. This module aims to equip health care professionals with the knowledge and skills required to recognise patients at risk and will focus on the prevention, recognition and management of metabolic syndrome and diabetes.

Successful students will be able to apply a systematic approach to deliver evidence based care. They will develop a sound knowledge of the process which will empower them to participate effectively in managing patients with or at risk of developing diabetes and using current clinical guidelines they will be able to work with individuals to implement both pharmacological and lifestyle interventions in response to assessment of individual needs.

This module is validated by The Open University.

Why choose this module?

Benefits include:

- The opportunity to network with fellow students from a range of disciplines and specialties.
- Access to experts.
- Individuals will be able to challenge current practice and embed evidence based practice into their delivery of care.
- Greater job satisfaction which leads to a deeper commitment to service delivery and patient care.
- Opportunity to build to a Diploma in Higher Education or BSc (Honours) degree.
- Gaining academic credit for a named award. A number of credits is assigned to each module, which indicates the amount of learning undertaken, and the specified credit level indicates the relative depth of learning involved. Credit is a means of quantifying and recognising learning whenever and wherever it is achieved. Credit may also help you transfer to another programme either within Education for Health or at a different institution.
- Upon the completion of this module students should possess the qualities and knowledge to assist their further development as professionals.

What will I study?

The subjects covered include:

- The epidemiology of metabolic syndrome and diabetes.
- The pathophysiology of metabolic syndrome, diabetes and cardiovascular complications.
- The different approaches used to prevent diabetes and cardiovascular complications.
- The components of a comprehensive, holistic assessment (including history taking, quality of life).

- The impact of a diagnosis of metabolic syndrome, diabetes and cardiovascular complications on the individual.
- Current pharmacological and non-pharmacological management strategies for the treatment of diabetes, the reduction of cardiovascular risk and the prevention of cardiovascular complications.
- The role of the health care professional in encouraging patients in supported self-care and promoting behavioural change.

Level of study and credit value

This is a Level 5 module, which carries 30 CATS (Credit Accumulation Transfer Scheme) points.

Where will I study and for how long?

This is a six months eLearning course with optional study days. It has a notional study time of 300 hours which includes time to study learning materials, attend study days where relevant, and complete assessments.

This module is delivered by blended learning, with study days to support the online course. Please note that if low numbers of students book onto this module we may cancel study days at short notice. If this is the case, students already registered will be contacted by our Finance Team and can choose to continue with the course as distance only, or be refunded.

Our study days are optional, although we advise that you attend if you possibly can, as students tell us that they learn a lot from the face to face contact with their tutor and that networking with other students is particularly useful.

The location of study days is determined by the cohort you choose to join.

How is this module assessed and what is the criteria for a pass?

Part 1 – Problem Solving Assignment

Students are required to submit a written assignment of 2000 words in response to a series of four clinical questions. The questions adopt a problem solving approach. Students will be expected to demonstrate knowledge and understanding of key aspects of care.

The problem solving assignment comprises 40% of the total module mark

Part 2 – Assignment

Students are required to submit a fully referenced assignment of 2,000 words based on a specific patient scenario. This must provide evidence of knowledge and understanding of the management of Diabetes as a Cardiovascular Disease in clinical practice.

The assignment component comprises 60% of the overall module mark.

Criteria for a pass

The pass mark for the module is 40%. Students must achieve a minimum of 40% in each assessment element

Reassessment is as per the regulations in the Student Guide.

Can I take this module as part of a programme?

Successful completion of single modules results in the awarding of academic credits that could be used as part of a DipHE/BSc (Hons) degree programme, though this would always be at the discretion of the academic institution where you intended to undertake the programme.

Since September 2019, Education for Health no longer offers DipHE/BSc (Hons) programmes.

What are the entry requirements for this module?

All applicants for The Open University validated modules must be registered or working within the UK. All applicants should have sufficient competency in the English Language to successfully study at Level 5/6.

All learning materials, teaching and assessment are conducted in the English language. Students will need to apply this to an academic environment.

It is the responsibility of the student to ensure that they have sufficient proficiency in the English Language to undertake the module or programme to which they are registered.

If you plan to undertake one of our programmes, further entry requirements are required, please refer to our [admissions policy](#).

Further information

We are committed to equality of opportunity. Our Disability Coordinator and Student Support Team provide advice and information and coordinate arrangements for students. View our [Support for Students with a Disability here](#).

Students have access to the eLearning materials for 18 months from the start date of their module.