

Essentials of Diabetes

Two webinars delivered six weeks apart with individual activities to complete between sessions

Course Details

Duration:

Facilitated online group sessions. This course includes 2 x 2-hour webinars, delivered six weeks apart. These sessions are highly interactive, based on the specific needs of the group and individuals participating, and combine taught sessions, group discussions, and peer review.

Following the first session, learners are asked to explore how they will apply their learning in practice and evaluate these outcomes in session 2.

Find out more and enrol:

Contact our team for more information, and to discuss your individual needs.

Via our website:
educationforhealth.org

Call: 01926 836835

Email:
contact@educationforhealth.org



This course is aimed at learners who are new to working with diabetes patients and would like an overview of the disease, diagnosis, and management. If you are already working with patients with diabetes and would like an update, please have a look at our Diabetes Online Refresher course.

Increase your knowledge and know-how.

This Essentials of Diabetes programme is designed for individuals and teams who have recently begun to, or are preparing to, support patients with diabetes. This may include newly qualified nursing staff, HCAs and HCSWs, social care staff, or experienced healthcare professionals who have been recently redeployed to support patients with diabetes.

Led by a highly qualified frontline clinician, these highly interactive sessions will enable you to improve your clinical practice by:

- Discussing and reviewing best practice in diabetes
- Recognising symptoms of type 1 and type 2 diabetes
- Developing an awareness of how different population groups are affected by diabetes
- Exploring a range of treatment pathways and how they contribute to a person-centred care approach

Course Outcomes:

On completion of this course, you will be able to:

1. Explain what type 1 diabetes is
2. Explain what type 2 diabetes is, and the impact of Covid-19
3. Recognise the symptoms of type 1 and type 2 diabetes
4. Explain the impact of diabetes on an individual's quality of life
5. Explain a range of pharmacological (medicine-based, including insulin) and non-pharmacological (lifestyle-based) treatment pathways used in diabetes
6. Apply your learning to 'real life' case studies