



# **Essentials of Cardiovascular Disease (CVD)**

Two webinars delivered six weeks apart with individual activities to complete between sessions

### **Course Details**

### **Duration:**

Facilitated online group sessions. This course includes 2 x 2-hour webinars, delivered six weeks apart. These sessions are highly interactive, based on the specific needs of the group and individuals participating, and combine taught sessions, group discussions, and peer review.

Following the first session, learners are asked to explore how they will apply their learning in practice and evaluate these outcomes in session 2.



This course is aimed at learners who are new to working with CVD patients and would like an overview of diagnosis, management, and the range of conditions that are linked to CVD. If you are already working with patients with CVD and would like an update, please have a look at our Heart Failure Online Refresher course, or our range of Level 5 and 6 short courses.

## Increase your knowledge and know-how.

This Essentials of CVD programme is designed for individuals and teams who have recently begun to, or are preparing to, support patients with cardiovascular disease. This may include newly qualified nursing staff, HCAs and HCSWs, social care staff, or experienced healthcare professionals who have been recently redeployed to support patients with cardiovascular disease.

Led by a highly qualified frontline clinician, these highly interactive sessions will enable you to improve your clinical practice by:

- · Discussing and reviewing best practice in CVD
- $\cdot$  Recognising conditions that may contribute to, and are risk factors for, CVD
- Exploring a range of treatment pathways and how they contribute to a person-centred care approach
- · Reflecting on local practice

# Find out more and enrol:

Contact our team for more information, and to discuss your individual needs.

Via our website:

education for health.org

Call: 01926 836835

Email:

contact@educationforhealth.org

### **Course Outcomes:**

On completion of this course, you will be able to:

- 1. Explain what CVD is and the population groups it affects
- 2. Recognise conditions (co-morbidities) that contribute to CVD and the impact they have on CVD symptoms
- 3. Explain the impact of CVD on an individual's quality of life
- 4. Explain the key diagnostic tools used in CVD.
- 5. Explain a range of pharmacological (medicine-based) and nonpharmacological (lifestyle-based) treatment pathways used to manage CVD
- 6. Apply your learning to 'real life' case studies

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